

Walton Baseball Pre-game Meals

Thank you for making the Walton baseball experience a great one for our families!

Description of pregame meals

The Walton Baseball program will provide player meals and drinks (snacks for doubleheader) for the entire team, managers and coaches. We have a Pregame meal committee in place for each team.

1. Pregame meals must be delivered to Raider Mountain by 3:25 pm for games on Mon-Fri.
2. For Saturday games or games on days with no school, please deliver the meal to Raider Mountain 2 ½ hours before game time.
3. Make it at home or consider buying it from sponsors. Suggested meals include sub sandwiches, homemade sandwiches, Chick-Fil-A sandwiches and nuggets, pizza, chips, bananas, oranges and water or sports drinks. (No grapes or small pieces like trail mix that easily fall and make a mess or are thrown :-))
4. For the second game of doubleheaders, bring a snack and a drink but not a meal to the location of the game. Suggested snacks are granola bars, energy bars, fruit (no grapes or trail mix), peanut butter crackers, cheese sticks or anything quick to eat and easy to digest.
5. In case of a rain out, every effort will be made to notify you if the game is cancelled as early in the day as possible. However, occasionally games are called late in the day. We recommend that you stay in contact with your son throughout the day.

Questions about meals and snacks? Contact Deb Baker at 4bakers70@gmail.com or call 770-688-7279.